



Wendy L. Walsh, Ph.D.
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Updated: May 2026

Curriculum Vitae
Wendy L. Walsh, Ph. D

Dr. Wendy Walsh is a Professor of Health and Developmental Psychology and an award-winning media commentator. She was named a Time Magazine Person of the Year in 2017 after speaking publicly about sexual harassment at Fox News and later testified before UK regulators at Ofcom regarding systemic workplace misconduct. She is the author of three books and hundreds of articles and, with more than one million social media followers, has knowledge and first-hand experience of the psychological injuries associated with sexual harassment, sexual assault, and adolescent social media addiction.

TEACHING

Adjunct Assistant Professor of Psychology - 2015-Present
California State University, Channel Islands, Camarillo, CA.

1. **Developmental Psychology.** An in-depth survey of theory and research in developmental psychology throughout the lifespan. Dr. Walsh's course introduces students to the biological, cognitive, emotional, social, and linguistic development from the prenatal period to late adulthood. Courses of instruction and expertise include:

1. Terms and concepts used by developmental psychologists to study human development and the theories of researchers who have shaped the discipline.
2. The effects of heredity, maturation, and environmental factors on individual's emotional, social and physical developmental throughout their lifespan, with discussion of some modern developmental problems like technology use.

3. Scientific reasoning applied to developmental claims made in the media and the popular press.
4. Major aspects of social and emotional development from attachment theory, psychosocial and social learning perspectives.
5. Cognitive development using Piagetian, Vygotskian, and information processing perspectives.
6. Ways that cognitive, physical and social development interact with each other.
7. How gender, family, race/ethnicity, and culture affect development.

2. Psychology of Health Counseling. Examines health counseling methods designed to promote good health and prevent illness, deal effectively with the treatment people receive for medical problems, help people cope with and reduce stress and pain, and aid in the recovery, rehabilitation, and psychosocial adjustment of patients with serious health problems. Courses of instruction and expertise includes:

1. The interplay among physical well-being, psychological and social factors.
2. How to apply psychological health counseling to promote health and wellness.
3. The stress response and its impact in the etiology and course of health problems.
4. Applying behavioral and cognitive methods to help individuals cope with stress.
5. Proposing programs to improve personal health habits and lifestyles.
6. The difficulty patients experience in deciding whether or when to seek treatment for disturbing symptoms, physical or emotional.
7. The experience of patients in the hospital setting, factors that affect adherence to medical regimens, and sources of problems in patient/practitioner relationships.
8. Psychological and medical methods for relieving pain.
9. Explaining the use of psychological methods and principles to help patients manage and cope with chronic illness.

3. Introduction to Psychology. An introduction to the theories, research and applications that constitute the field of psychology. Emerging issues in the field of psychology, what different types of psychologists do, and how to critically evaluate psychological literature. Courses of instruction and expertise:

1. Psychology as a science. Psychological principles, treatments and methods.
2. Definitions of psychological terms.
3. Stages and components of psychological theories, methods, and processes.
4. Psychological theories, their theorists, assumptions, and concepts.
5. The extent to which psychological theories, research designs, and measurement tools can accurately account for, clarify, and predict underlying mechanisms of human thought, emotion, and behavior.
6. Evaluation of the validity of statements dealing with behavior and mental processes.

7. How to break down complex behaviors and mental processes into interpretable components.
8. How to think critically about psychological principles, concepts, theories, and methods.
9. Identify ways that psychologists demonstrate ethical principles.
10. Sensitivity and acceptance of characteristics of diverse life-styles.
11. Methods of intellectual inquiry (*i.e.*, locating, comprehending, and synthesizing information from multiple sources into a single, coherent scholarly product).

Professional Development:

Teaching credentials in Blended Learning, Multimedia and Open CI Textbook-free Education, all conducted by CSUCI's Teaching and Learning Innovations (TLi) and Faculty Development departments.

PRESENTATIONS AND ADDRESSES

1. Keynote Speaker: National Plaintiff's Summit. Sexual Harassment & Employment Discrimination, "My Experience of Sexual Harassment at Fox News and What my Attorney Advised me." Miami, 2026
2. Keynote Speaker: Aha! Women's Speaker Series, "How I used my Voice to Take Down a Titan," St Louis, MI, 2018
3. Keynote Speaker: Institute on Violence, Abuse & Trauma 22nd Annual International Summit, "My Experience as a Survivor of Domestic Violence." San Diego, 2017
4. Keynote Speaker: Women's Entrepreneurship Day Organization (WEDO), "My Experience with Workplace Sexual Harassment," Los Angeles, 2018
5. Speaker: TalentNext Conference ATD/Yale Foundations of Management Excellence, "Sexual Harassment, Workplace Love Contracts and the Future Workplace." Seattle, WA, 2018
6. Speaker: PTTOW – Plan to Take on the World, Annual Summit, "Navigating Our #MeToo Moment." Ojai, California, 2018
7. Speaker: The National Center for Health Research, Health Policy Heros Awards, "The Health Effects of Sexual Harassment on Victims." Washington D.C. 2017
8. Speaker and Host: Women's Wellness Day at UCLA presented by Hadassah, The Women's Zionist Organization of America, "The Economy of Sex" Los Angeles 2014, and Beverly Hills, 2017

9. Talks at Google: The 30-Day Love Detox “The Psychology of Sex, Love, Gender Roles, Divorce, Parenting and other Human Behaviors” Los Angeles Headquarters 2015
10. Keynote Speaker: iDate – The Dating Industry International Conference. “The Science of Human Mating” Las Vegas, NV, 2014
11. Guest Speaker: Kansas State University, “The Science of Love” Manhattan, KS, 2014
12. Guest Speaker: Million Dollar Round Table – The Premier Association of Financial Professionals® “The High-Supply Sexual Economy.” Palm Springs, CA 2012

Local Teaching Presentations:

1. University of Southern California, Marshall School of Business, Entrepreneurship class: Building a Brand Using Social Media, Los Angeles, 2019
2. California Lutheran University, “The Science of Love,” Thousand Oaks, CA, 2014
3. University of California Los Angeles, Extension program, Journalism Department. “Television News Gathering,” and “Creating a Journalism Beat.” Taught two extension courses in 1997 and 1998.

PUBLICATIONS AND MEDIA CONTRIBUTIONS

Books

Walsh, W.L. (2013). *The 30-Day Love Detox: Cleanse Yourself of Bad Boys, Cheaters, and Men Who Won't Commit—And Find a Real Relationship*. New York: Rodale Books.

Walsh, W.L. (2003). *The Girlfriend Test: How to Be a Better Date and a Better Mate*. New York: Random House.

Walsh, W.L. (2001). *The Boyfriend Test: How to Evaluate His Potential Before You Lose Your Heart*. New York: Random House.

Dissertation

Walsh, W.L. (2005). *Adult Attachment and Breastfeeding Outcomes*. Doctoral dissertation, California Graduate Institute. Designed and conducted original empirical research examining the relationship between adult attachment style and breastfeeding outcomes.

Selected Articles, Columns, and Media Contributions

Dr. Walsh is extensively published and frequently quoted in national and international digital and print media, including **The New York Times**, **The Washington Post**, **TIME**, **Newsweek**, **The Los Angeles Times**, **The Guardian**, **The Toronto Star**, and **Fortune**, among others.

The New York Times (April 1st, 2017)

“Bill O’Reilly Thrives at Fox News, Even as Harassment Settlements Add Up.”

The New York Times (April 9th, 2017)

“Fox Asks Law Firm to Investigate Bill O’Reilly Harassment Claim.”

The Los Angeles Times (April 11th, 2017)

“L.A. Radio Host Wendy Walsh on Why She Spoke Out Against Bill O’Reilly.”

The Guardian (April 17th, 2017)

“Wendy Walsh Details Allegations Against Fox News Host Bill O’Reilly.”

The Washington Post (April 17th, 2017)

“In Fight of His Career, O’Reilly’s Side Swings Back on Harassment Charge.”

The New York Times (April 19th, 2017)

“Bill O’Reilly Is Forced Out at Fox News”

The New York Times (April 21st, 2017)

“Scandal Again Hovers Over Murdoch’s Pursuit of Sky as U.K. Delays Review”

The New York Times (May 4th, 2017)

“Fox News Besieged by New Bias Lawsuit and Federal Inquiry”

The Guardian (May 5th, 2017)

“Bill O’Reilly Accuser to meet Ofcom as Fox News Scandal Threatens Sky Deal.”

The Boston Globe (June 30, 2018)

Op-Ed by Wendy Walsh: *“#MeToo, Stay Out of My Love Life.”*

The Guardian (Oct. 17th, 2020)

“The Models Who Accuse Gerald Marie of Sexual Assault.”

The Guardian (Nov. 27th, 2020)

“Is Former Elite Boss the Harvey Weinstein of the Fashion Industry?”

60 Minutes Australia (May 16th, 2021)

“Beauty and the Creep. -- former models expose the ugly truth of how they were raped by Gerald Marie.”

DatingAdvice.com (2012–Present)

Regular contributing columnist on interpersonal relationships, including mate selection, gender differences, attachment processes, relationship dissolution, and divorce. Quoted in affiliated and syndicated media including **Vogue, Glamour, CBS News, Well+Good, BuzzFeed, Brides, HuffPost, Daily Mail, Verywell Mind, Parents, Yahoo, The Knot, New York Post, SheKnows, and Fast Company**, among others.

MomLogic.com (2009–2011)

Daily columnist (200+ articles) for Telepictures-owned digital platform focused on parenting, relationships, and family dynamics.

BROADCAST TELEVISION, RADIO AND PODCASTING

Media Expert – Psychology and Human Behavior (2009–Present)

On-air commentator. Leveraging her background as a news anchor and television host, Dr. Walsh translates complex psychological concepts into clear, accessible analysis across major networks. Has appeared on CNN, NBC, ABC, CBS, MSNBC and FOX.

Nine Network, Australia (2011–Present)

Contributing expert. Provides regular on-air psychological commentary on relationships and human behavior for Australia’s top-rated national morning program.

iHeartRadio – *The Dr. Wendy Walsh Show* (2015-2026)

Host. Weekly talk radio program on KFI 640 AM in Los Angeles, focused on relationships, mental health, and human behavior, integrating psychological research with real-world case examples and live caller interaction.

Local Now – The Free Streaming Service (2020 -2025)

Host. A daily series offering advice and insight on mental health topics including Relationships, Family Dynamics, and Stress and Health.

Podcast – *Mating Matters* (2019-2025) more than 50 episodes available online)

Creator/Host. Podcast applying principles of evolutionary psychology to explain human behavior, including mate selection, attachment dynamics, and modern relationship patterns.

The Doctors (CBS/Paramount) (2011–2012)

Co-Host. Panel member on nationally syndicated daytime talk show produced by Dr. Phil McGraw, offering psychological insight on health, relationships, and behavioral issues.

CNN (2010–Present)

Guest Commentator. Provides psychological analysis across a range of topics including crime, politics, parenting, financial behavior, and celebrity news.

EXTRA (Warner Bros./Telepictures) (1995–1996)

Co-Host and Correspondent. Appeared in more than 200 episodes of the nationally syndicated entertainment news magazine.

UPN News Los Angeles (1992–1996)

Reporter and Weekend Anchor. Covered major local events including the Rodney King riots, O.J. Simpson trial, wildfires, and floods. Selected as lead health and medical reporter for special assignment.

NBC *Weekend Today Show* (1992–1996)

West Coast Correspondent. Reported on hard news and lifestyle segments across California, Nevada, and Louisiana.

AWARDS AND HONORS

TIME MAGAZINE PERSON OF THE YEAR 2017

Silence Breaker. #metoo

CITIZEN OF DISCTINCTION AWARD HONOREE 2015

Haven Hills, Inc, Domestic Violence Service Provider

DAYTIME EMMY AWARD NOMINATION 2012

The National Academy of Television Arts and Sciences

Best television hosts, “The Doctors.”

Los Angeles, 2012

LOS ANGELES EMMY AWARD 1994

The National Academy of Television Arts and Sciences

"L.A. Marathon/KCOP" & "The Who's Tommy/KCOP"

ASSOCIATED PRESS AWARD

1993 "Best Spot News" and "Best Live Coverage"

EDUCATION

Ph.D. in Clinical Psychology, California Graduate Institute, (now the Chicago School of Psychology,) Los Angeles, 2006

Master of Arts in Psychology, California Graduate Institute, (now the Chicago School of Psychology,) Los Angeles, 2002

Bachelor of Arts, Journalism, Ryerson University, (now Toronto Metropolitan University) Toronto, Canada 1987

Carleton University, Ottawa, Canada, 1982 Undergraduate Journalism Studies

University of Massachusetts, Amherst, Fall 1983, Foreign Exchange Student, Journalism

PROFESSIONAL ASSOCIATIONS & AFFILIATIONS

California State University
Faculty, Non-Tenured Track

American Psychological Association,
Member

Foundation for Social Connection
Ambassador

Screen Actors Guild - American Federation of Television and Radio Artists,
Status: Inactive

InstantChemistry.com
Consultant